

Referral Indicators for Spiritual Care

Note: Previously known as Pastoral Care

Contact us (Mon-Fri 9- 4:30PM) : Referral in EMR (Spiritual Care)

NH Epping : #58005 or 0491 828 524

After Hour : for urgent EOL ritual please call switch 8405 8000 for on call religious leaders

The department will provide a spiritual carer to support patient/carer/family as a part of a holistic approach to healthcare.

When spiritual needs are recognised and responded to as an integral part of person-centred care, an essential contribution is made to peoples' health and wellbeing. Spiritual care draws on respect, trust and understanding in order to provide a supportive presence and enable a person to explore their inner resources and outer supports which can sustain them through difficult times.

REASONS FOR REFERRAL

Bereavement support, grief and loss counselling (for patient and family members)	<ul style="list-style-type: none">• Recent death of patient's loved ones (person or pets).• Naming & blessing ceremonies (Maternity ward)• Patient is remembering anniversary of their loved ones.• Patient is grieving with the change of situation.• Patient is struggling with their loss of independence / ability.• Family is grieving due to patient's health deterioration/death.
Emotional support (for patient and family members)	<ul style="list-style-type: none">• Sad / Low mood.• Stressed.• Anxious.• Frustrated / Agitated.• Distressed.• Feeling vulnerable / weak / in pain.• If patient requests/may benefit from meditation session. <p>Note: High level of distress is to be referred to a health psychologist.</p>
Religious care (sacraments, prayer, religious clerics)	<ul style="list-style-type: none">• If patients/family members requesting visit from a religious cleric.• If patients/family members requested prayers.• If patients requesting spiritual, religious and sacred texts.
Feeling lonely/isolated/bored	<ul style="list-style-type: none">• Patient has no family member.• Patient has no visitors.• Patient has no one to talk to.• Patient has no support network available.
Celebration	<ul style="list-style-type: none">• Patient's birthday: We can write a birthday card and visit to offer birthday greetings.